

Resolution 2026-R-82

*A Resolution authorizing an agreement with VitalExam LLC
for Medical Examinations for the Irondale Police Department*

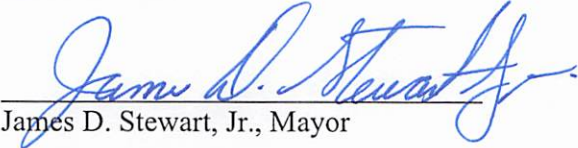
THEREFORE BE IT RESOLVED, by the City Council of the City of Irondale, Alabama, in regular meeting duly assembled, a quorum being present, that Mayor James D. Stewart, Jr., or his designee, is hereby authorized to accept the quote from VitalExam LLC (in substantially the form attached hereto as Exhibit 1) in an amount not to exceed a Thirty Five Thousand One Hundred Ninety and 00/100 Dollars (\$35,190.00) for medical examinations for the Irondale Police Department

ADOPTED AND APPROVED: This 7th day of April, 2026.



David Spivey, City Council President

APPROVED:



James D. Stewart, Jr., Mayor

ATTESTED:



Leigh Ann Allison, City Clerk

CERTIFICATION

I, Leigh Ann Allison, the City Clerk of the City of Irondale, Alabama, hereby certify the above to be a true and correct copy of a resolution adopted by the City Council of the City of Irondale at its regular meeting held on April 7, 2026, as the same appears in the minutes of record of said meeting.



Leigh Ann Allison, City Clerk

Exhibit 1

VITALExam

QUOTE

AGENCY

Irondale Police Department
101 20th St S
Irondale, AL 35210

Date: March 11, 2026

ITEM DESCRIPTION	PRICE	QTY	TOTAL
NFPA 1580 Medical Qualification Exams w/ Ultrasound Screenings	\$640	46	\$29,440
CT Calcium Score	\$125	46	\$5,750
			TOTAL: \$35,190

Pricing Valid for Exams Administered in CY 2026

VITALExam

EXAM COMPONENTS

FIRST RESPONDER LABORATORY PANEL

- Complete Blood Count w/ Differential + Platelets
- Comprehensive Metabolic Panel + GGT
- Lipid Panel
- Hemoglobin A1c
- Thyroid Cascade Panel
- Total Testosterone (Males Only)
- Prostate Specific Antigen w/ Reflex (Males Only)
- CA-125 Ovarian Tumor Marker (Females Only)
- hs-CRP and GlycA (Inflammation)
- Urinalysis w/ Microscopic Examination
- ColoFIT Colon Cancer Screening Kit (35+)

BIOMETRIC ANALYSIS

- Height, Weight, Body Mass Index (BMI)
- Blood Pressure + Heart Rate
- Oxygen Saturation
- Temperature
- Pain Assessment
- Waist and Hip Circumference with Ratio
- Skinfold Caliper Measurements (Body Fat)
- Flexibility Assessment (Shoulders and Hips)
- Visual Acuity (Near/Far), Color, Depth, and Peripheral
- Audiometry (Hearing)

ULTRASOUND SCREENING

Suspicious abnormalities reviewed and interpreted by Board Certified Radiologist

Vascular	Cardiac	Abdominal	Pelvic & Genitourinary	Endocrine
- Carotid Arteries (Plaque + Wall Thickness)	- LV Function	- Liver	- Bladder	- Thyroid
- Abdominal Aorta	- LV Wall Thickness	- Gallbladder	- Prostate	
	- Aortic Root	- Spleen	- Testicles	
	- Heart Valves	- Pancreas	- Uterus	
		- Kidneys	- Ovaries	

CARDIOPULMONARY EVALUATION

- Cardiac Stress Test - submaximal treadmill test w/ continuous 12-lead ECG & intermittent BP
- 12-lead Resting ECG
- Aerobic Endurance Evaluation (Calc. VO2 Max)
- Pulmonary Function (Spirometry)
- Muscular Strength (dynamometer)
- Muscular Endurance (static plank, push-ups)
- Nutritional and Dietary Recommendations
- Fitness Recommendations

COMPREHENSIVE PHYSICAL EXAMINATION

- Individual Consultation and Focused Physical Examination with Licensed Healthcare Provider
- Comprehensive Medical History w/ Vaccination & Exposure Review
- Behavioral Health Assessments (PTSD, Substance Abuse, Anxiety, and Sleep Disorders)
- Focused skin cancer screening
- Cardiovascular Risk Reduction Assessment
- Laboratory and Radiology Results Review
- Breast Examination with Self-Exam Education (males and females)
- Testicular Examination with Self-Exam Education
- Direct, Secure Follow-up Communication Capability
- Same-day Examination Results available through VITALExam Patient Portal

VITALExam

2026 PRICING LIST

POPULAR TESTS	UNIT PRICE
Low-Dose CT Lung Cancer Screening This scan uses a very low dose of radiation, and the benefit of finding cancer early far outweighs that small exposure. Lung cancer is deadlier than the next three most common cancers combined, and low-dose CT can catch small nodules and other important findings (like calcified plaque in the coronary arteries) before symptoms start, giving firefighters and their primary care provider more options to act early.	TBD
Cancer Antigen Panel This panel looks for certain blood markers that can suggest early signs of specific cancers (for example, testicular, prostate, pancreatic, or blood cancers). Firefighters have a higher lifetime cancer risk than the general population due to exposures on the job. Adding this panel helps identify concerning patterns early so they can follow up with their primary care provider or a specialist before symptoms start.	\$130
Vitamin D Low vitamin D is extremely common and can affect bone strength, muscle recovery, mood, and overall resilience. Tracking it lets us identify who may benefit from simple correction through their primary care provider, which supports long-term physical readiness for duty.	\$35
Apolipoprotein B ApoB measures the actual number of artery-clogging particles in the blood. It's a stronger predictor of heart risk than LDL cholesterol alone and can catch hidden cardiovascular risk even in firefighters who "look healthy." This gives the firefighter and their PCP a clearer picture of cardiac risk and whether more aggressive prevention is appropriate.	\$10
Lipoprotein(a) Lp(a) is a genetically driven particle that increases the risk of premature heart disease and aortic valve problems. You only need it once. If it's high, it tells the firefighter and their PCP that they need to take heart prevention more seriously even if standard cholesterol looks fine.	\$20
Urine Albumin-to-Creatinine Ratio This is an early warning sign of stress or damage to the kidneys and blood vessels. It often becomes abnormal years before regular kidney labs change. It's useful for catching cardiovascular and kidney risk early and referring the firefighter to their PCP before it turns into something more serious.	\$25
Blood Type ABO/Rh tells the firefighter their blood type. We would give this result directly to the individual so they can keep it for their own records and emergency information. It's mainly personal readiness.	\$20

VITALExam

2026 PRICING LIST

ADDITIONAL OPTIONS	UNIT PRICE
INFECTIOUS DISEASE SCREENING	
QuantiFERON Gold - Tuberculosis	\$75
Hepatitis C	\$20
Hepatitis B	\$20
HIV Screening	\$100
INFECTIOUS DISEASE IMMUNITY STATUS (TITERS)	
Hepatitis B	\$20
Hepatitis A	\$20
Varicella Zoster	\$20
Tetanus and Diphtheria	\$50
Bordetella Pertussis	\$50
Measles, Mumps, and Rubella	\$50
CARDIAC RISK MARKERS	
NT-proBNP	\$100
Troponin T (Highly Sensitive)	\$75
Lp-PLA2	\$50
NMR LipoProfile	\$75
HAZMAT	
Heavy Metals (Arsenic, Lead, Mercury)	\$110
Cadmium	\$75
Cholinesterase	\$25
PFAS (PFOS/PFOA) "Forever Chemicals"	\$325
METABOLIC	
Fasting Insulin	\$20
Amylase + Lipase (Pancreatic Enzymes)	\$20
Uric Acid	\$15
Iron + TIBC + Ferritin	\$20