






Daily Menus for October 2016

Call before 9:30
951-1418

Mon	Tue	Wed	Thu	Fri
3 Chili and Grilled Cheese Sandwiches Salad & Crackers Dessert	4 Roast Beef Turnip Greens Mac and Cheese Cornbread Dessert	5 Chicken Pot Pie Side Salad Fruit Dessert	6 Wienies and Kraut Mashed Potatoes Black Eyed Peas Cornbread Million Dollar Pie	7 Tuna Salad Whole Wheat Bun Lettuce & Tomato Fresh Fruit Ice Cream
10  CLOSED FOR COLUMBUS DAY Columbus Day	11 Vegetable Plate Squash, Black-eyed Peas, Fried Okra, Sliced Tomatoes Greens, Cornbread Dessert	12 Chicken Strips Broccoli Rice Roll Banana Pudding	13 Ham Sandwiches Potato Chips Baked Beans Cole Slaw Ice Cream	14 Salmon Croquets Au Gratin Potatoes Green Beans Hush Puppies Peach Dump Cake
17 Baked Potato with various toppings to choose Side Salad Dessert	18 Chicken Casserole Side Salad Fresh Fruit Rolls Dessert	19 <u>Center Birthday Party</u> Meatloaf Mac and Cheese Turnip Greens Cornbread Birthday Cupcakes	20 CLOSED FOR WETUMPKA TRIP 	21 Baked Fish Apple/Raisin Salad Fries Hush Puppies Dessert
24 Taco Salad Cheese Dip Salsa and Chips Dessert	25 Chicken Divan Glazed Carrots Side Salad Roll Brownies	26 Country Fried Steak with Country Gravy Green Beans Mashed Potatoes Roll, Dessert	27 KITCHEN CLOSED due to Bingo at St Francis 	28 Fish Sticks Tater Tots Baked Beans Cole Slaw Roll Strawberry Shortcake
31 <u>Halloween Party</u>  Spaghetti & Meatballs Black-Eyed Peas Side Salad Garlic Bread Halloween Cupcakes		Call before 9:30 to make your lunch reservation 205-951-1418	Nutritious Meals Served Daily Only \$5.00 Or \$2 Large Salad	On Columbus Day, head straight for a great time! 

Daily Events for October 2016

Office 951-1418

Mon	Tue	Wed	Thu	Fri
3 9:15-10:00 Chair Yoga 12:30 1st Monday Bingo	4 9:00-3:30 Art Club 9:30-11:30 Bunco 10:00 Irondale Library Intro to Facebook 1:00-3:30 Mahjong	5 8:30-3:30 Ceramics 9:15-10:00 Chair Yoga 1:00-3:30 Poker Games 1:00-2:00 Vegetable/Fruit	6 9:30—11:30 Bunco 10:00 Ladies Bible 12:30 Gospel Singing  with Marti	7 8:30-3:30 Ceramics 9:15-10:00 Chair Yoga 12:30-3:30 Bridge Club
10 CENTER CLOSED 	11 9:00-3:30 Art Club 9:30-11:30 Bunco 12:30 Purpose Place 1:00-3:30 Mahjong	12 8:30-3:30 Ceramics 9:15-10:00 Chair Yoga 1:00-3:30 Poker Games 1:00-2:00 Vegetable/Fruit Truck	13 9:30—11:30 Bunco 10:00—11:30 Ladies Bible Study 11:00 Tip Top Grill Hoover	14 8:30-3:30 Ceramics 9:00 Men's Coffee  9:15-10:00 Chair Yoga 12:30-3:30 Bridge Club
17 9:15-10:00 Chair Yoga 12:30 Fall Bow Making 	18 9:00-3:30 Art Club 9:30-11:30 Bunco 1:00-3:30 Mahjong 	19 <u>Birthday Party</u> 8:30-3:30 Ceramics  12:30-Birthday Bingo 1:30-3:30 Poker Games 1:00-2:00 Vegetable/Fruit Truck	20 WETUMPKA 9:30—11:30 Bunco 10:00—11:30 Ladies Bible Study	21 8:30 -3:30 Ceramics 9:15 -10:00 Chair Yoga 12:30 - 3:30 Bridge Club
24 9:15-10:00 Chair Yoga  1:00 Local Shopping Trip and Ice Cream!	25 7:30 Biblical History Center 9:00-3:30 Art Club 9:30-11:30 Bunco 1:00-3:30 Mahjong	26 8:30-3:30 Ceramics 9:15-10:00 Chair Yoga 1:00-3:30 Poker Games 1:00-2:00 Vegetable/Fruit Truck	27 9:30 - 11:00 Bunco 10:00 - 11:30 Ladies Bible Study 11:00 - St. Francis 	28 8:30-3:30 Ceramics 9:15-10:00 Chair Yoga 9:00 Men's Coffee  12:30-3:30 Bridge Club 12:30 - 2:30 Karaoke w/ Cal
31 NO YOGA DUE TO HALLOWEEN PARTY!  11:30 Halloween Lunch 12:00 Games & Prizes	Life is short. Spend it with people Who make you laugh And feel loved!	REMEMBER TO SIGN UP FOR DAY TRIPS EARLY!		