



# The City of Irondale

## SENIOR ACTIVITY CENTER

5313 BEACON DRIVE, IRONDALE, AL 35210

MONDAY-FRIDAY | 8:30 A.M. - 3:00 P.M.

CALL US TO GET CONNECTED: (205)951-1418



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EVERYDAY: LUNCH (11:30-12:30) - Age 60+. No charge, but donations appreciated.

Everyday: Walking Club (8:00) - Make friends and walk to better health.

Tuesdays and Wednesdays: Games (1:00-3:00) - Pick up a game of Rummikub, Skip Bo, Bid Whist, Dominos, Rook, Bridge and more!

Wednesdays: Tai Chi with Galina (10:00) - This exercise class helps with arthritis and fall prevention.

Wednesdays: Bridge (11:30) - Join a game of bridge for the afternoon.

Thursdays: Men's Coffee (9:00) - Just for guys. Good coffee & conversation.

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Monday 12/1: Painting with Darcy (12:30) - Fun and easy painting for beginners & experts.

Wednesday 12/3: Oasis Counseling Center: Holiday Grief and Anxiety (12:30) - Holidays aren't wonderful for everyone. Learn techniques to cope for you or someone you know.

Thursday 12/4: Quilting Basics (12:30) - Start making a 24x24 wall hanging. Starter kit with all materials available for \$10.

Thursday 12/4 and Thursday 12/18: Crochet & Knit with Janice (10:30) - Beginners & Advanced. Starter kits with all materials available for \$11.

Tuesday 12/9: Shades Valley High School Choir Christmas Concert (12:00)

Wednesday 12/10: Birthdays & Bingo (12:30) - Cake, prizes and fun!

Thursday, 12/11: Men's Breakfast (9:00) - Interim Police Chief Paul Kellogg shares a behind the scenes look at a police department.

Thursday 12/11: Speaker: Mayor James D. Stewart on Managing Money God's Way (12:30)

Friday 12/12: Jefferson County Holiday Celebration (Vans Depart at 8:00) - Food, Prizes & Entertainment at Bill Harris Arena. Please register for a van seat.

Wednesday 12/17: Shalom Handbells Extravaganza (12:30) - A handbell show you won't forget!

Thursday, 12/18: Knitting & Crocheting Class Open House (10:30) - Enjoy refreshments and see the creative pieces these students have made.

Thursday, 12/18: DJ Doug plays "That's My Song" Game (12:30) - Music, dancing, and prizes!

Friday 12/19: Movie and Popcorn (12:30) - "Our Little Secret" - Holiday Rom-Com starring Lindsay Lohan and Kristin Chenoweth.

Monday 12/22: Alabama Theater movie "White Christmas" (Vans Depart at 12:30) - Please register and purchase \$13 ticket.

Tuesday 12/23: Christmas Luncheon (11:30) - Enjoy food, fellowship, music, pictures with Santa, and more. No charge, but registration required.

Monday 12/29: Hula into the Holidays (12:30) - Learn about this ancient dance from our own member, Shirleen Nahoopii.





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> 8:00 Walking Club 8:30 Director's Coffee 9:15 Exercise-Carmela 9:30 Go to Gym 10:15 Line Dance-Desi 10:30 BP Check 12:30 Painting with Darcy	<b>2</b> 8:00 Walking Club 8:30 Director's Coffee 9:00 Art Class-Dale 9:00 Exercise-Lacey 9:30 Go to Gym 10:00 Exercise-Carmela 11:00-2:00 Ceramics	<b>3</b> 8:00 Walking Club 8:30 Director's Coffee 9:00 Exercise-Kobe 10:00 Tai Chi-Galina 12:30 Bridge 12:30 Speaker- Oasis Counseling Center: Holiday Grief & Anxiety	<b>4</b> 8:00 Walking Club 8:30 Director's Coffee 9:00 Men's Coffee 9:15 Exercise-Carmela 9:30 Go to Gym 10:00 Exercise-Carmela 10:30 Knit & Crochet Class 11:00-2:00 Ceramics 12:30 Quilting Class	<b>5</b> 8:00 Walking Club 8:30 Director's Coffee 9:15 Exercise-Carmela 10:15 Line Dance-Desi 6:00 Irondale Christmas Parade
<b>8</b> 8:00 Walking Club 8:30 Director's Coffee 9:15 Exercise-Carmela 9:30 Go to Gym 10:15 Line Dance-Desi 10:30 BP Check 11:30 Lunch & Learn with Fire Capt. Brasher	<b>9</b> 8:00 Walking Club 8:30 Director's Coffee 9:00 Art Class-Dale 9:00 Exercise-Lacey 9:30 Go to Gym 10:00 Exercise-Carmela 11:00-2:00 Ceramics 12:00 Shades Valley Choir Holiday Concert	<b>10</b> 8:00 Walking Club 8:30 Director's Coffee 9:00 Exercise-Lacey 10:00 Tai Chi-Galina 12:30 Bridge 12:30 Birthdays & Bingo	<b>11</b> 8:00 Walking Club 8:30 Director's Coffee 9:00 Men's Breakfast: Interim Police Chief Paul Kellogg 9:15 Exercise-Carmela 9:30 Go to Gym 10:00 Exercise-Carmela 11:00-2:00 Ceramics 12:30 Mayor James Stewart: Managing Money God's Way	<b>12</b> 8:00 Depart for Jefferson County Holiday Event 8:00 Walking Club 8:30 Director's Coffee 9:15 Exercise-Carmela 10:15 Line Dance-Desi
<b>15</b> 8:00 Walking Club 8:30 Director's Coffee 9:15 Exercise-Carmela 9:30 Go to Gym 10:15 Line Dance-Desi 10:30 BP Check 12:30 Pastor George Whitlock Bible Study	<b>16</b> 8:00 Walking Club 8:30 Director's Coffee 9:00 Art Class-Dale 9:00 Exercise-Lacey 9:30 Go to Gym 10:00 Exercise-Carmela 11:00-2:00 Ceramics 12:30 Bible Huddle with Pastor Mike McClure	<b>17</b> 8:00 Walking Club 8:30 Director's Coffee 9:00 Exercise-Lacey 10:00 Tai Chi-Galina 12:30 Bridge 12:30 Special Music: Shalom Hand Bell Extravaganza	<b>18</b> 8:00 Walking Club 8:30 Director's Coffee 9:00 Men's Coffee 9:15 Exercise-Carmela 9:30 Go to Gym 10:00 Exercise-Carmela 10:30 Knit & Crochet Open House 11:00-2:00 Ceramics 12:30 DJ Doug- "That's My Song" Game	<b>19</b> 8:00 Walking Club 8:30 Director's Coffee 9:15 Exercise-Carmela 10:15 Line Dance-Desi 12:30 Movie & Popcorn
<b>22</b> 8:00 Walking Club 8:30 Director's Coffee 9:15 Exercise-Carmela 9:30 Go to Gym 10:15 Line Dance-Desi 10:30 BP Check 12:30 Leave for Alabama Theater - White Christmas Movie	<b>23</b> 8:00 Walking Club 8:30 Director's Coffee 9:00 Art Class-Dale 9:00 Exercise-Lacey 9:30 Go to Gym 10:00 Exercise-Carmela 11:00-2:00 Ceramics 11:30 Christmas Luncheon	<b>24</b>	<b>MERRY CHRISTMAS - ISAC CLOSED</b>	
<b>29</b> 8:00 Walking Club 8:30 Director's Coffee 9:15 Exercise-Carmela 9:30 Go to Gym 10:15 Line Dance-Desi 10:30 BP Check 12:30 Hula into the Holidays	<b>30</b> 8:00 Walking Club 8:30 Director's Coffee 9:00 Art Class-Dale 9:00 Exercise-Lacey 9:30 Go to Gym 10:00 Exercise-Carmela 11:00-2:00 Ceramics	<b>31</b>	<b>1</b> <b>HAPPY NEW YEAR ISAC CLOSED</b>	<b>2</b>